#### **MONDAY**

**Tiny Toes Deal Parent/Carer Group,** Deal Welfare Club, 09:30 - 11:30, £2. Tiny Toes is a parent and toddler group run by Community Church Deal.

**Belgrave Parents Toddler and Baby Group,** Clarendon and Westbury Hall Dover, 09:30 - 11:30, £2 per child.

Non-profit friendly parent baby and toddler group.

**Play & Bounce**, Dover District Leisure Centre, 09:30 - 11:30, £4 per child. Fun and motivating session for your little people. Children under 5 can explore and play on the bouncy castle and soft play shapes..

Ash Baby & Toddler group, Ash Village Hall, 10:00 - 11:30, £1.50.

Ash Baby and Toddler Group is a fun and friendly drop in playgroup for babies and pre-schoolers.

**Sing and Sign East Kent,** Bettshanger Country Park 12pm, contact for booking information and prices.

Learn some lovely songs and signs tto better understand early years communication. Spend time bonding with your baby and meeting other parents.

Classes available from 0-30m olds.

**Deal Breastfeeding Support Group,** St George's Church in Deal, 13:00 - 15:00, FREE Come and meet other breastfeeding families for support and friendship. Attended by ABM (Association of Breastfeeding Mothers) trained Peer Supporters, IBCLC and Breastfeeding Counsellors. Older children, family members and friends welcome!



**Trinity Toddlers,** Trinity Church in Deal, 09:30-11:30, £2. Come and join our friendly 0-4 years old parent and toddler group. Loads of fun toys to explore, baby area, snacks, crafts and song time all included.

**Baby Gym,** Deal Gymnastics Club, 09:30 - 11:30, £4 (cash only). Fun baby and toddler (0-5 years) tumble time in a safe gymnastics setting. Lots of toys and soft gym equipment to explore.

Little Adventurers and Little Lambs Parent & Toddler Group, St Martins Church
Dover, 09:00 - 12:00, £1 adult 50p child.
Little Explorers, Northbourne Village Hall, 09:30 - 11:30, £2.

**St Margaret's Parent, Baby and Toddler Group,** St Margarets Village Hall, 09:30 - 11:30, £2.

Toys and books suitable from birth to pre-school, crafts, snacks (for the children and adults too), finishing with song time!

# Rhyme Time, Deal library, 09:45 - 10:15, FREE.

A free, fun and noisy way for 0-3 year olds to develop a love of language and foundation for learning. Each session lasts about 30 minutes and includes the opportunity to join in with nursery rhymes and action songs.

**Parent & toddler swimming,** Tides Leisure Centre in Deal, 11:30 - 12:30, £4.50. Various swimming lessons for 0-3 years. See Tides website to book your session and gain confidence in the water.

**St Clements Toddler group,** St Clements Hall Sandwich, 13:30 - 15:00, £2. Seesaw Baby and Toddler Group, Wingham Village Hall 13:30-15:00, £1.50 Craft, snacks, toys and lots of fun!

Tadpoles Deal Kent (pregnant women and non walking babies)
St George's Church in Deal, 10:00 - 12:00, FREE.
Sensory baby toys and soft, safe places for your baby to chill away from noise and chaos of toddlers and older children.



**Baby Gym,** Deal Gymnastics Club, 09:30 - 11:30, £4 (cash only). Fun baby and toddler (0-5 years) tumble time in a safe gymnastics setting. Lots of toys and soft gym equipment to explore.

**Moo Music,** Betteshanger Sports and Social Club, 9:30-10am, contact for booking information and prices.

A great and fun interacive regular music session where children sing, dance and play. Helping your 0-5year olds gain confidence and develop memory, language and coordination skills.

Stay & Play, St Radiguns Community Centre, 09:30 12:30, £2.

**Play & Bounce,** Dover District Leisure Centre, 09:30 - 11:30, £4 per child. Fun and motivating session for your little people. Children under 5 can explore and play on the bouncy castle and soft play shapes.

**Belgrave Parent & Toddler Group,** Messy Play Session, 10:00 - 11:30, £1.50 per child. Messy play crafts at this friendly baby and toddler group.

Baby Rhyme Time, St Margaret's at Cliffe library, 10:00 – 11:00, FREE. A free, fun and noisy way to develop a love of language and foundation for learning. Each session lasts about 30 minutes and includes the opportunity to join in with nursery rhymes and action songs. Includes hot drinks and biscuits.

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## THURSDAY

**Woodnesborough Baby and Toddler Group,** Woodnesborough Village Hall, 09:30 - 11:30, £2.50

Group for 0 to school age children to play and have snacks.

Walmer Toddlers, Walmer Chapel, 09:30 - 11:30, £1.50

**Little Bunnies Parent & Toddler Group** Shepherdswell, Shepherds Well Village Hall, 09:30 - 11:30, £1.50.

Baby and toddler playgroup, toys, crafts and snack time!

Rhyme Time, Aylesham Library, 09:30 - 10:00, FREE
A free, fun and noisy way to develop a love of language and foundation for learning. Each session lasts about 30 minutes and includes the opportunity to join in with nursery rhymes and action songs.

**Little Artlings,** Biggin Hall, Dover, 9:30-11:30, £3 per child. For children 0-10 years old. A welcoming space to let you and your little ones learn, create and explore with inspiration of nature. Sensory play, art and parent support, with freshly made food. (Please note opens from 22nd Feb 2024).

**Parent &; toddler swimming,** Tides Leisure Centre in Deal, 11:30 - 12:30, £4.50. Various swimming lessons for 0-3 years. See Tides website to book your session and gain confidence in the water.

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#### **FRIDAY**

**Baby Gym,** Deal Gymnastics Club, 09:30 - 11:30, £4 (cash only). Fun baby and toddler (0-5 years) tumble time in a safe gymnastics setting. Lots of toys and soft gym equipment to explore.

**Play & Bounce,** Dover District Leisure Centre, 09:30 - 11:30, £4 per child. Fun and motivating session for your little people. Children under 5 can explore and play on the bouncy castle and soft play shapes.

**Little Lambs toddler group,** St Mary's Parish Centre Dover, 09:30 - 11:30, £1 adult 50p child.

Let's Play, Whitfield Village Hall, 09:30 - 11:30, £1.

Rhyme Time, Deal library, 09:45 - 10:15, FREE.

A free, fun and noisy way to develop a love of language and foundation for learning. Each session lasts about 30 minutes and includes the opportunity to join in with nursery rhymes and action songs.

Froglets, St Richard's Church Deal, 10-12pm.

Play group for parent and carers and their 0-5 year olds. Toys for all ages, craft table and messy play, snack time and singing circle, partitioned baby area.

#### **SATURDAY**

**Tumble Time,** Sandwich Leisure Centre, 09:30 - 11:30, £4 per family. Come and join us for lots of fun with large play equipment including bouncy castle, slide, trampoline and ride toys (age 0-8 year olds).

**Football Fun Factory** (Tots Football Fun), Tides leisure centre, 10:15-11am, contact for booking information and prices.

Come and join for fun-filled weekly sessions for toddlers to take their first steps into football. Open to boys and girls aged 2-5 of any experience level.

Check out Dover, Deal and Sandwich Children's Centre https://www.facebook.com/doverdistrictcc for other seasonal activities and groups

This list has been compiled by a volunteer at Deal Breastfeeding Support Group and is correct at the time of publishing. Please check with individual groups before attending.

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